# Join the Medical Reserve Corps Local health, safety, and preparedness begins with you

#### WHAT is the Medical Reserve Corps?

The Medical Reserve Corps (MRC) is a national network of volunteers who help make their communities stronger and healthier during disasters and every day. Volunteers are organized into community-based units that work to improve local emergency response capabilities, reduce potential public health risks and vulnerabilities, and build community preparedness and resilience. They prepare for and respond to natural disasters, such as wildfires, hurricanes, blizzards, and floods, as well as other emergencies affecting public health, such as disease outbreaks. MRC volunteers also regularly contribute to community preparedness —engaging in activities like CPR/AED training and assisting with community vaccination clinics.





### WHO volunteers with the MRC?

MRC volunteers include medical and public health professionals as well as other community members without healthcare backgrounds who wish to donate their time and expertise. The specific role that you will play, and the activities in which you will participate, will depend upon your background, interests, and skills, as well as the needs of the MRC unit and the community.

### WHY should I volunteer?

- ★ Communities benefit from having MRC volunteers ready to respond to emergencies.
- ★ You can be part of an organized and trained team with a strong sense of mission and purpose.
- It's a way to offer and improve your professional skills, knowledge, and expertise.
- It's a chance to give back to your community, helping to keep your family, friends, and neighbors safe and healthy—particularly during times of need.



## I'm in! How do I get started? Find a unit near you! Visit <u>phe.gov/mrc</u>











